

# THE BABYSITTER CHECK LIST AND INSTRUCTION SHEET

**The phone number you are calling from:**

**In an emergency, call 911**

\_\_\_\_\_  
**Your address is:**

\_\_\_\_\_  
**The closest intersection or cross street:**

Identify yourself by name, tell the operator that you are babysitting. Calmly describe the problem. The operator will ask you further questions to help determine the problem. Calmly answer these questions. The operator has notified a dispatcher of the situation and help is already on the way, this happens in the background without your knowledge. The operator may give you instructions to help you with the situation, stay on the phone until instructed to do otherwise. The people at 911 are trained professionals and will do everything possible to help you.

The family name: _____
Contact number: _____
Pager number: _____
Parent's location: _____
Parent's will be home by _____ o'clock.
Nearest family relative: _____
Nearest family phone: _____
Nearest family address: _____

Alternate contact: _____
Alternate contact phone: _____
Alternate contact address: _____
Neighbour's: _____
Neighbour's phone: _____
Neighbour's address: _____
Other: _____

Family Doctor's name: _____
Family Doctor's phone: _____
Family Doctor's address: _____
<i>Consider leaving a signed medical release</i>
Poison control centre: _____
Veterinarian's phone: _____
Other: _____

Child's Name: _____
Age: _____
Bedtime: _____
Medications
Time: _____
Drug: _____
Dosage: _____
Preexisting medical conditions:
_____
_____
Blood type: _____
Medication allergies:
_____
_____
Food allergies:
_____
_____
Other instructions:
_____
_____
_____

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Age: _____
Bedtime: _____
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Drug: _____
Dosage: _____
Preexisting medical conditions:
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