












































## Course Outline

### **BLS for Healthcare Providers Course Outline**

Approximate course duration: 4 hours 20 minutes  
(Student-instructor ratio 6:1, student-manikin ratio 3:1)

Lesson	Course Event	Time Estimate (in minutes)
HCP 1	Course Introduction	 5
HCP 2	CPR Basics for Adults	 3
HCP 3	Chest Compressions	<b>PWW</b> 6
HCP 4	Cleaning the Manikin	 4
HCP 5	Airway and Breathing	<b>PWW</b> 7
HCP 6	Breaths With Masks	<b>PWW</b> 7
HCP 7	Compressions and Breaths	<b>PWW</b> 5
HCP 8	Assessment	<b>PWW</b> 5
HCP 9	1-Rescuer CPR Demo	 2
HCP 10	Adult 1-Rescuer CPR Practice Session	  11
HCP 11	Child CPR Sequence	 3
HCP 12	Child 1-Rescuer CPR Practice Session	  11

Lesson	Course Event	Time Estimate (in minutes)
HCP 13	Adult Rescue Breathing With Bag Mask	 7
HCP 14	2-Rescuer CPR Demo	 2
HCP 15	AED Introduction and AED Use	 2
HCP 16	Using the AED Trainer	 5
HCP 17	2-Rescuer CPR With AED Demo	 5
HCP 18	2-Rescuer CPR With AED Practice and Skills Test Session	   15
HCP 19	AED Special Situations and Safety	 3
HCP 20	Advanced Airway and 2-Rescuer CPR	 2
HCP 21	Advanced Airway and 2-Rescuer CPR Practice Session	  8
HCP 22	Introduction to Infant CPR	 1
HCP 23	Infant Chest Compressions	 5
HCP 24	Infant 1-Rescuer CPR Demo	 2
HCP 25	Infant 1-Rescuer CPR Practice Session	  15
HCP 26	Infant Rescue Breathing With Bag Mask	 5

Lesson	Course Event	Time Estimate (in minutes)
HCP 27	2-Rescuer Infant CPR Demo	 2
HCP 28	2-Rescuer Infant CPR Practice Session	  10
HCP 29	1- and 2-Rescuer Infant CPR Skills Test	  15
HCP 30	Adult/Child Choking (Responsive)	  3
HCP 31	Adult/Child Choking (Unresponsive)	 1
HCP 32	Infant Choking (Responsive)	 6
HCP 33	Infant Choking (Unresponsive)	 1
HCP 34	Special Considerations	 7
HCP 35	Course Summary and Closure	 1
HCP 36	Written Test	 25
HCP 37	Adult/Child 1-Rescuer CPR Skills Test 	  25
HCP 38	Remediation	