

## Heartsaver AED Student Workbook Review Question Answers

### Adult CPR

1. The correct rate for giving compressions is **100** compressions a minute.
2. For adult CPR you give sets of **30** compressions and **2** breaths.
3. When giving CPR how long should each breath take?  
**A. 1 second**  
B. 3 seconds  
C. 4 seconds

### Child CPR

1. When giving compressions to a child, press down **1/3** to **1/2** the depth of the chest.
2. **True** or **False**: If you are alone with a child who does not respond, you should give 5 sets of 30 compressions and 2 breaths before phoning your emergency response number (or 911).

### Choking – Adult/Child

1. How can you help relieve choking in an adult who is responding but cannot talk?  
A. Back slaps  
B. Nothing  
**C. Abdominal thrusts**
2. True or **False**: You should give abdominal thrusts to an adult who is coughing loudly.

### Using AEDs

1. **True** or **False**: You can use adult AED pads on a child if child pads are not available.
2. Which of the following best describes “clearing the victim”?  
A. Taking the pads off the victim’s chest  
**B. Making sure no one is touching the victim**  
C. Moving the victim to a clear room

## **Infant CPR**

1. The correct rate for giving compressions is **100** compressions a minute.
2. For infant CPR you give sets of **30** compressions and **2** breaths.
3. When giving CPR to an infant, how long should each breath take?
  - A. 1 second**
  - B. 3 seconds
  - C. 4 seconds

## **Choking – Infant**

1. How can you help relieve choking in an infant who is responding and crying?
  - A. Back slaps and chest thrusts
  - B. Nothing**
  - C. Abdominal thrusts
2. True or **False**: You should try to relieve choking if an infant is coughing loudly.

## **Phoning for Help**

1. My emergency response number is \_\_\_\_\_.
2. **True** or False: You should phone your emergency response number (or 911) and ask for help whenever someone is seriously ill or hurt.