

# HCP-R Pre A

*30 Days Prior to Course*

## **Your Role**

- Determine course specifics
  - Target audience
  - Number of students
  - Special needs or equipment
- Reserve equipment
- Schedule room
- Schedule additional instructors if needed

## **Reference**

Instructor Manual

**HCP-R**  
**Pre**  
**B**

***2 Weeks Prior to Course***

**Your Role**

- Send student precourse letters with student materials
- Confirm additional instructors

**Reference**

Instructor Manual

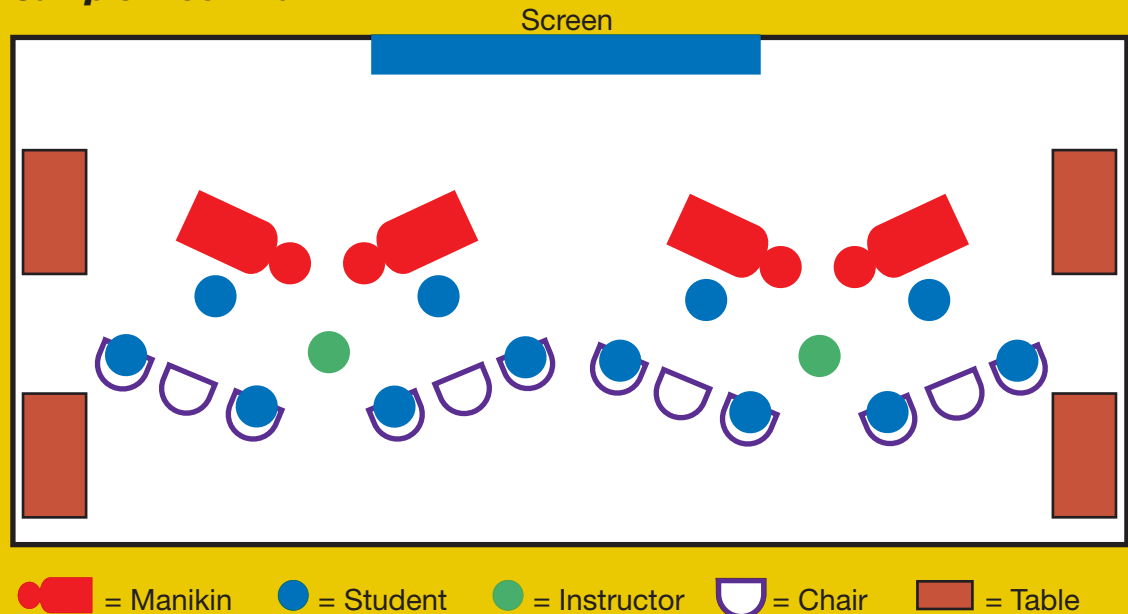
# HCP-R Pre C

## Day Prior to Course

### Your Role

- Set up room
- Coordinate plan with additional instructors if needed
- Use precourse checklist to ensure that all equipment is available and working
- Ensure that all course paperwork is in order

### Sample Floor Plan



### Reference

Instructor Manual

# HCP-R Pre D

## *Day of Course*

### **Your Role**

- Pass out supplies
- Greet students as they arrive to help make them feel at ease
- Fill out course roster

### **Reference**

Instructor Manual

# HCP-R 1

## Course Introduction

0:00  
↓  
5:00



### Resources

- Course roster

### Student Role

- Introduce self
- Listen to instructor

### Student Objectives

- Get acquainted with instructors and other students

### Your Role

- Introduce instructors
- Invite students to introduce themselves in small groups
- Explain housekeeping issues, including paperwork and facilities
- Explain that the course is somewhat strenuous
- Ask that anyone with a medical concern, such as knee or back problems, talk with one of the instructors
- Explain how students will learn by video-based, PWW, and practice sessions
- Tell the students:  
“We are scheduled to end at \_\_\_\_.”

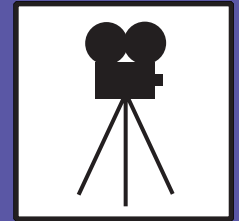
### Reference

none

# HCP-R 2

## *Intro to Renewal Course*

0:00  
↓  
1:00



### **Resources**

- AV equipment

### **Student Role**

- Watch video

### **Student Objectives**

- Get motivated to learn CPR

### **Your Role**

- Show video

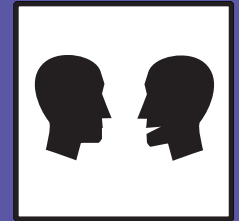
### **Reference**

none

# HCP-R 3

## *Cleaning the Manikin*

0:00  
↓  
4:00



### **Resources**

- Adult or child manikin
- Alcohol swabs
- Gauze or tissue to remove lipstick/gum
- Optional: face shields

### **Student Role**

- Listen to instructor

### **Student Objectives**

- Show how to clean the manikin between each student if necessary

### **Your Role**

- Pause video
- Explain how your training center cleans manikins between each student
- Explain how to use face shields
- Explain how to clean masks
- Ask students to take off lipstick and remove gum
- If using face shields, remind students to keep them for other lessons

### **Reference**

Instructor Manual

# HCP-R 4

## Compressions and Breaths

0:00  
↓  
5:00

**PWW**

### Resources

- AV equipment
- Adult manikin
- Masks
- One-way valves
- Stopwatch

### Student Role

- Practice while watching video

### Student Objectives

- Learn how to put compressions and breaths together with 30:2 ratio
- Perform 3 cycles of 30:2

### Your Role

- Video continues
- Do NOT re-demonstrate skills
- Students practice with video; rotate among all students
- Carefully observe each student
- Give corrective feedback
- Emphasize core concepts of push hard, push fast; full chest recoil; when giving breaths watch for chest rise; minimize interruptions; try to keep interruptions to less than 10 seconds

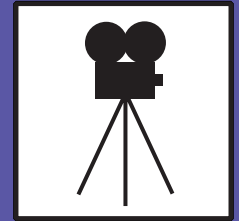
### Reference

HCP Student Manual, Part 2, *Opening the Airway and Giving Breaths*

# HCP-R 5

## 1-Rescuer CPR Demo

0:00  
↓  
2:00



### Resources

- AV equipment

### Student Role

- Watch video

### Student Objectives

- Understand full sequence of 1-rescuer CPR with mask

### Your Role

- Video continues
- Do NOT re-demonstrate skills

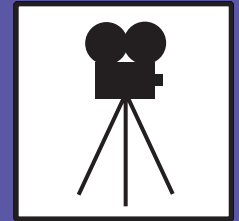
### Reference

HCP Student Manual, Part 2, *1-Rescuer Adult CPR Sequence*

# HCP-R 6

## Child CPR Sequence

0:00  
↓  
3:00



### Resources

- AV equipment

### Student Role

- Watch video

### Student Objectives

- Watch differences in CPR for child
- Recognize similarities and differences between adult and child CPR

### Your Role

- Video continues

### Reference

HCP Student Manual, Part 3, *CPR for Children*

# HCP-R 7

## Adult Rescue Breathing With Bag Mask

0:00  
↓  
7:00

**PWW**

### Resources

- AV equipment
- Adult manikin
- Bag masks

### Student Role

- Practice while watching video

### Student Objectives

- Provide 1 minute of rescue breathing using bag mask, 1 breath every 5 to 6 seconds

### Your Role

- Show video
- Do NOT re-demonstrate skills
- Students watch video demonstration and then practice with video; rotate among all students
- Carefully observe each student
- Give corrective feedback
- Emphasize visible chest rise

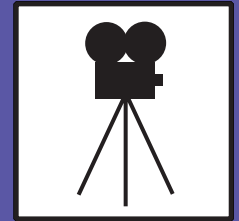
### Reference

HCP Student Manual, Part 4, *Adult and Child Bag-Mask Technique and Rescue Breathing*

# HCP-R 8

## 2-Rescuer CPR Demo

0:00  
↓  
2:00



### Resources

- AV equipment

### Student Role

- Watch video

### Student Objectives

- Understand how to do 2-rescuer CPR

### Your Role

- Video continues

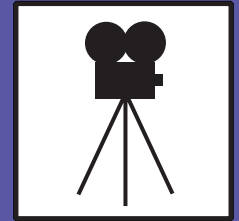
### Reference

HCP Student Manual, Part 5, *2-Rescuer CPR for Adults and Children*

# HCP-R 9

## *AED Introduction* *AED Use*

0:00  
↓  
2:00



### **Resources**

- AV equipment

### **Student Role**

- Watch video

### **Student Objectives**

- Understand purpose of an AED

### **Your Role**

- Show video

### **Reference**

HCP Student Manual, Part 6, *Automated External Defibrillator*

# HCP-R 10

## Using the AED Trainer

0:00  
↓  
4:00



### Resources

- AV equipment
- AED trainer
- AED supplies

### Student Role

- Listen to instructor

### Student Objectives

- Know how to use trainer

### Your Role

- Explain how to use trainer
- Emphasize following AED prompts
- Tell the students that the AED trainer will not give a real shock

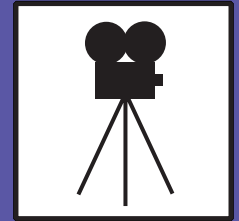
### Reference

HCP Student Manual, Part 6, *Automated External Defibrillator* (for actual AED actions), and instruction booklet for specific AED trainer

# HCP-R 11

## 2-Rescuer CPR With AED Demo

0:00  
↓  
5:00



### Resources

- AV equipment

### Student Role

- Watch video

### Student Objectives

- Understand how to do 2-rescuer CPR with an AED

### Your Role

- Show video

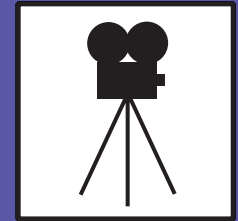
### Reference

HCP Student Manual, Part 6, *2-Rescuer CPR Sequence With an AED*

# HCP-R 12A

## 2-Rescuer CPR With AED Practice and Skills Test Session (Video intro then practice)

0:00  
↓  
27:00



### Resources

- AV equipment
- Adult manikin
- AED trainer
- AED supplies
- Bag mask
- Adult pads
- Child pads or child pad picture page
- Stopwatch

### Student Role

- Watch video
- Demonstrate full sequence of CPR with AED

### Student Objectives

- Show how to use an AED with all steps of 2-rescuer CPR

### Your Role

- Video continues
- Pause video
- Tell students to turn to practice sheet in student manual
- Rotate among all students, each practicing being one of 2 rescuers performing all steps of CPR and using the AED
- Tell each student to instruct someone to activate emergency response system and get the AED
- Carefully observe each student using AED within 90 seconds of AED arrival
- Give corrective feedback
- Emphasize following AED prompts
- SKILLS TEST: evaluate students' competency in 2-rescuer CPR using bag mask
- Check off each skill as student demonstrates competency

### Reference

HCP Student Manual, Part 6, *2-Rescuer CPR Sequence with an AED*, and Instructor Manual, *Critical Skills Descriptions*

# HCP-R 12B

## 2-Rescuer CPR With AED Scenario SHOCKABLE RHYTHM AED SCRIPT

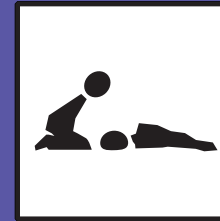


**USE THIS LESSON ONLY UNTIL THE AED TRAINER MATCHES THE NEW SCIENCE:  
After the student attaches pads, clears victim, and AED analyzes rhythm**

Step	Description	Instructor Actions	Student Actions
A	AED says to <b>deliver shock</b>	<ul style="list-style-type: none"><li>• Observe student</li></ul>	Clear victim
B	AED delivers shock	<ul style="list-style-type: none"><li>• Observe student</li></ul>	Press shock button
C	AED has delivered shock	<ul style="list-style-type: none"><li>• Power off AED (do not allow students to do this)</li><li>• Verbalize AED prompt: <i>“Begin CPR starting with chest compressions”</i></li></ul>	Wait for AED instructions/prompts
D	AED is turned off	<ul style="list-style-type: none"><li>• Observe student</li></ul>	Begin CPR starting with compressions

# HCP-R 12C

## *2-Rescuer CPR With AED Practice and Skills Test Session*



### **LESSON 18C ROTATIONS**

#### 3:1 Student-to-Manikin Ratio

Video presents CPR situation, then

1st Rotation: S2 starts CPR, S1 brings and uses AED, both do CPR; S1 is tested, S3 observes

2nd Rotation: S3 starts CPR, S2 brings and uses AED, both do CPR; S2 is tested, S1 observes

3rd Rotation: S1 starts CPR, S3 brings and uses AED, both do CPR; S3 is tested, S2 observes

#### 2:1 Student-to-Manikin Ratio

Video presents CPR situation, then

1st Rotation: S2 starts CPR, S1 brings and uses AED, both do CPR; S1 is tested

2nd Rotation: S1 starts CPR, S2 brings and uses AED, both do CPR; S2 is tested

#### 1:1 Student-to-Manikin Ratio

Video presents CPR situation, then

Rotation: Two students combine as per 2:1

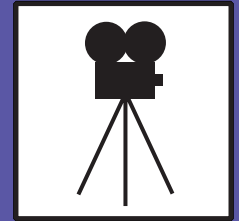
# HCP-R 13

## *AED Special Situations and Safety*

0:00



3:00



### **Resources**

- AV equipment

### **Student Role**

- Watch video

### **Student Objectives**

- Understand special situations when using an AED

### **Your Role**

- Show video

### **Reference**

HCP Student Manual, Part 6, *Automated External Defibrillator*

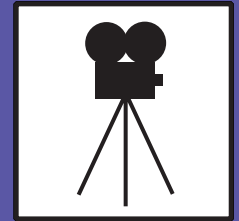
# HCP-R 14

## *Advanced Airway and 2-Rescuer CPR*

0:00



2:00



### **Resources**

- AV equipment

### **Student Role**

- Watch video

### **Student Objectives**

- Know how to do 2-rescuer CPR with an advanced airway in place

### **Your Role**

- Video continues

### **Reference**

HCP Student Manual, Part 5, *2-Rescuer CPR for Adults and Children*

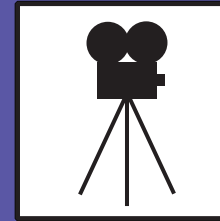
# HCP-R 15

## **Advanced Airway and 2-Rescuer CPR Practice Session (Video intro then practice)**

0:00



8:00



### **Resources**

- AV equipment
- Adult manikin
- Bag masks
- Stopwatch

### **Student Role**

- Practice 2-rescuer CPR with an advanced airway in place

### **Student Objectives**

- First rescuer performs 1 minute of rescue breathing using bag mask, 1 breath every 6 to 8 seconds
- Second rescuer continues chest compressions

### **Your Role**

- Pause video
- Do NOT re-demonstrate skills
- 2 students practice 2-rescuer CPR, switching roles at least once; rotate among all students twice so each student gets to practice the skills twice
- Carefully observe each student
- Give corrective feedback
- Emphasize visible chest rise

### **Reference**

HCP Student Manual, Part 5, *2-Rescuer CPR for Adults and Children*

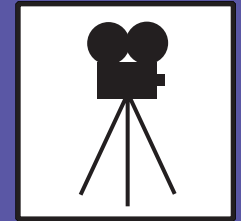
# HCP-R 16

## *Introduction to Infant CPR*

0:00



2:00



### **Resources**

- AV equipment

### **Student Role**

- Watch video

### **Student Objectives**

- Understand full sequence of 1-rescuer CPR with mask

### **Your Role**

- Video continues

### **Reference**

HCP Student Manual, Part 7, *CPR Basics for Infants*

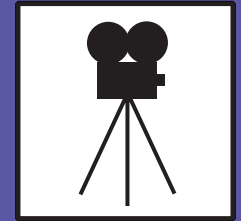
# HCP-R 17A

## **Infant 1-Rescuer CPR Practice Session** *(Video intro then practice)*

0:00



8:00



### **Resources**

- AV equipment
- Infant manikin
- Masks
- One-way valves
- Stopwatch

### **Student Role**

- Watch video
- Demonstrate full sequence of CPR

### **Student Objectives**

- Perform full sequence of 1-rescuer CPR for infant

### **Your Role**

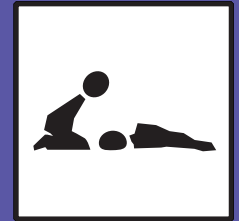
- Video continues
- Pause video
- Tell students to turn to practice sheet in student manual
- Give corrective feedback

### **Reference**

HCP Student Manual, Part 7, *1-Rescuer Infant CPR Sequence*

# HCP-R 17B

## *Infant 1-Rescuer CPR PRACTICE SESSION DETAILS*



### **Play Video**

- S1 watches situation on video and responds as rescuer
- S1 practices entire sequence of 1-rescuer infant CPR

Rotate through other students responding to the situation on the video with entire sequence of 1-rescuer CPR

Carefully observe each student

Give positive and corrective feedback

# HCP-R 18

## *Infant Rescue Breathing With Bag Mask*

0:00  
↓  
5:00

**PWW**

### **Resources**

- AV equipment
- Infant manikin
- Bag masks

### **Student Role**

- Practice while watching video

### **Student Objectives**

- Give 1 minute of rescue breaths with bag mask, giving 1 breath every 3 to 5 seconds
- Show chest rise with breaths

### **Your Role**

- Show video
- Do NOT re-demonstrate skills
- Students watch video demonstration and then practice with video; rotate among all students
- Carefully observe each student
- Give corrective feedback
- Emphasize visible chest rise

### **Reference**

HCP Student Manual, Part 7, *Infant Bag-Mask Technique and Rescue Breathing*

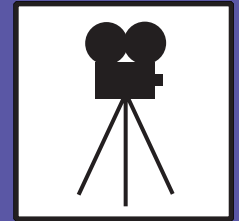
# HCP-R 19

## *2-Rescuer Infant CPR Demo*

0:00



2:00



### **Resources**

- AV equipment

### **Student Role**

- Watch video

### **Student Objectives**

- Understand sequence of 2-rescuer CPR

### **Your Role**

- Video continues

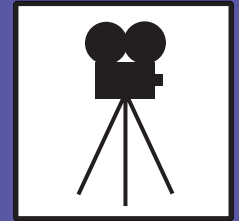
### **Reference**

HCP Student Manual, Part 7, *2-Rescuer Infant CPR Sequence*

# HCP-R 20A

## 1- and 2-Rescuer Infant CPR Practice Session and Skills Test (Video intro then practice)

0:00  
↓  
15:00



### Resources

- AV equipment
- Infant manikin
- Mask
- One-way valves
- Bag mask
- Stopwatch

### Student Role

- Demonstrate full sequence of 1- and 2-rescuer CPR

### Student Objectives

- Show how to perform 1- and 2-rescuer CPR
- Conduct test on each skill

### Your Role

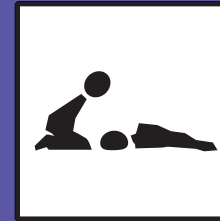
- Video continues
- Pause video
- Rotate among all students, each practicing being one of 2 rescuers performing all steps of CPR
- Tell each student to tell someone to activate the emergency response system
- Give corrective feedback
- SKILLS TEST: evaluate students' competency in 1- and 2-rescuer CPR using mask and bag mask
- Check off each skill as student demonstrates competency
- Refer student for remediation if test is unsuccessful

### Reference

HCP Student Manual, Part 7, *1- and 2-Rescuer Infant CPR Sequence*, and Instructor Manual, *Critical Skills Descriptions*

# HCP-R 20B

## 1- and 2-Rescuer Infant CPR Practice Session and Skills Test DETAILS



### LESSON 20B ROTATIONS

- S is tested in 1-rescuer CPR: S starts CPR and does 1 cycle (using pocket mask for breathing), then
- S is tested in 2-rescuer CPR: Another S comes in as 2nd rescuer, takes over breathing using bag mask

First student continues 2-rescuer CPR as compressor using 2 thumb-encircling hands technique for 2 cycles, then switches, takes over bag-mask breathing for 2 cycles

#### 3:1 Student-to-Manikin Ratio

Video presents CPR situation, then

1st Rotation: S1 starts CPR, S2 is 2nd rescuer; S1 is tested

2nd Rotation: S2 starts CPR, S3 is 2nd rescuer; S2 is tested

3rd Rotation: S3 starts CPR, S1 is 2nd rescuer; S3 is tested

#### 2:1 Student-to-Manikin Ratio

Video presents CPR situation, then

1st Rotation: S1 starts CPR, S2 is 2nd rescuer; S1 is tested

2nd Rotation: S2 starts CPR, S1 is 2nd rescuer; S2 is tested

#### 1:1 Student-to-Manikin Ratio

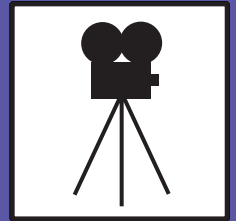
Video presents CPR situation, then

Rotation: Two students combine as per 2:1

# HCP-R 21A

## **Adult/Child Choking** **(Responsive)** **(Video intro then practice)**

0:00  
↓  
3:00



### **Resources**

- AV equipment

### **Student Role**

- Watch video

### **Student Objectives**

- Understand how to relieve choking in a victim aged 1 year and older

### **Your Role**

- Video continues

### **Reference**

HCP Student Manual, Part 8, *Relief of Choking in Victims 1 Year of Age and Older*

**HCP-R**  
**21B**

**Adult/Child Choking**  
**(Responsive)**  
**PRACTICE SESSION DETAILS**



Students practice correct hand placement for abdominal thrusts on live partner or manikin

Assessment question is “Are you choking?”

Carefully observe each student

Give corrective feedback

Do not allow students to actually do thrusts on each other

Watch for correct hand placement

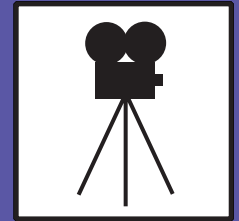
# HCP-R 22

## Adult/Child Choking (Unresponsive)

0:00



1:00



### Resources

- AV equipment

### Student Role

- Watch video

### Student Objectives

- Know to activate the emergency response system once a choking victim becomes unresponsive
- Know to start CPR if a choking adult/child becomes unresponsive

### Your Role

- Video continues
- This is only a video demonstration with no student practice

### Reference

HCP Student Manual, Part 8, *Relief of Choking in Victims 1 Year of Age and Older*

# HCP-R 23A

## Infant Choking (Responsive)

0:00



6:00

**PWW**

### Resources

- AV equipment
- Infant manikins

### Student Role

- Practice while watching video

### Student Objectives

- Identify the signs of choking in the responsive infant
- Show how to relieve choking in the responsive infant

### Your Role

- Show video
- First student practices with first sequence
- Students practice relieving choking using back slaps and chest thrusts
- All students rotate through practice

### Reference

HCP Student Manual, Part 8, *Relief of Choking in Infants*

**HCP-R**  
**23B**

***Infant Choking***  
***(Responsive)***  
***PRACTICE SESSION DETAILS***

**PWW**

Students practice correct technique for back slaps and chest thrusts on infant manikin

Carefully observe each student

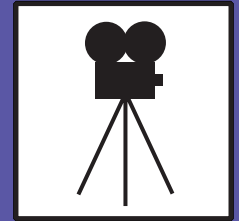
Give corrective feedback

Make sure students use correct technique

# HCP-R 24

## Infant Choking (Unresponsive)

0:00  
↓  
1:00



### Resources

- AV equipment

### Student Role

- Watch video

### Student Objectives

- Know to activate the emergency response system once a choking infant becomes unresponsive
- Know to start CPR if a choking infant becomes unresponsive

### Your Role

- Video continues

### Reference

HCP Student Manual, Part 8, *Relief of Choking in Infants*

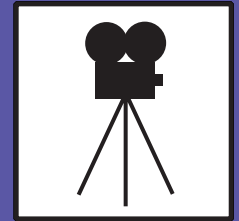
# HCP-R 25

## Special Considerations

0:00



7:00



### Resources

- AV equipment

### Student Role

- Watch video

### Student Objectives

- Know special considerations:
  - Scene safety
  - Personal protection
  - Cricoid pressure
  - Jaw thrust
  - Agonal gasps
  - Recovery position
  - Chain of survival
  - Recognition of 4 common life-threatening emergencies

### Your Role

- Video continues

Note: May need to explain cyanosis

### Reference

HCP Student Manual, Parts 9 and 10, *Special Considerations*

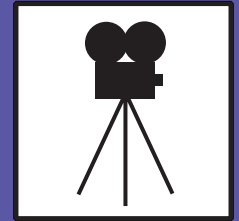
# HCP-R 26

## Course Summary and Closure

0:00



1:00



### Resources

- AV equipment

### Student Role

- Watch video
- Ask questions

### Student Objectives

### Your Role

- Video continues
- Stop video
- Answer questions

### Reference

HCP Student Manual

# HCP-R 27A



## Written Test

0:00



25:00



### Resources

- Test
- Pencils
- Answer sheets
- Annotated answer key
- Course evaluation forms (print from instructor CD or copy from instructor manual)

### Student Role

- Take test
- Complete course evaluation form

### Student Objectives

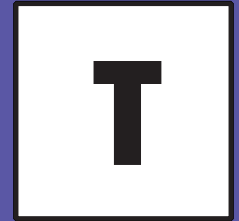
- Show mastery of cognitive information

### Your Role

- Divide students into 2 groups; half do written test (Lesson 27) and half do skills test (Lesson 28); then groups switch
- Distribute answer sheets
- Pass out test
- Tell students to answer questions
- Ask students not to write on tests
- Collect tests
- Grade tests
- Hand annotated answer key to students who missed questions
- Pass out course evaluation forms
- Tell students to complete evaluation forms
- Collect completed evaluation forms and tests

# HCP-R 27B

## Written Test DETAILS



The written test is a closed-book test

Students may not cooperate or talk to each other during the test

When student completes test, grade the test

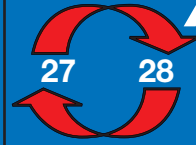
Give students annotated answer key and have them go over the items they got incorrect

Answer any questions

Students who scored less than 84% need immediate remediation:

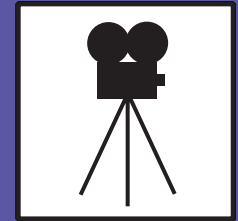
- Make sure student understands errors and correct answers
- Remediate by giving second test or by having student verbally go over each item they got incorrect, showing understanding of incorrect items

# HCP-R 28A



## Adult/Child 1-Rescuer CPR Skills Test (Video intro then practice)

0:00  
↓  
25:00



### Resources

- AV equipment
- Adult manikin
- Masks
- One-way valves
- Stopwatch

### Student Role

- Watch video
- Demonstrate full sequence of CPR

### Student Objectives

- Demonstrate competency in full sequence of 1-rescuer CPR for adult/child
- Show competency in skills of 1-rescuer CPR

### Your Role

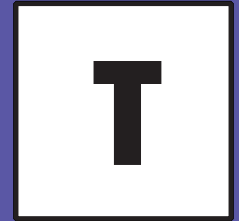
- Show video
- SKILLS TEST: evaluate students' competency in 1-rescuer CPR using mask
- Check off each skill step on skills checklist as student demonstrates competency
- Refer student for remediation if test is unsuccessful

### Reference

HCP Student Manual, *Critical Skills Descriptions*

**HCP-R  
28B**

***Adult/Child 1-Rescuer CPR  
Skills Test  
DETAILS***



**Test each student one at a time.**

Play video:

- S1 watches situation on video and responds as rescuer
- S1 shows entire sequence of 1-rescuer CPR without instructor prompting

Rotate through other students responding to the situation on the video with entire sequence of 1-rescuer CPR

Carefully observe each student

Conduct skills test

Fill out testing checklist

Refer student for remediation if test is unsuccessful

# HCP-R 29

## REMEDICATION

0:00



Variable



### Resources

- Student manual
- Test version B
- Manikin
- AED trainer
- Mask
- One-way valve

### Student Role

- Learn skills not previously learned
- Practice skills

### Student Objectives

- Show competency in skills required for successful course completion

### Your Role

- Determine where student is having trouble
- Replay sections of video or practice skills to ensure learning
- Retake written test if student scored less than 84%
- Retest skills as necessary
- Some students may need additional practice or may need to repeat the course to demonstrate skills competency and to achieve a course completion card

**HCP-R**  
**Post**  
**A**

***Immediately After Course***

**Your Role**

- Collect and arrange all course paperwork
- Rearrange room
- Clean and store equipment
- Fill out Training Center course report forms
- Read and consider comments from course evaluations
- Send students course completion cards if not already distributed

**Reference**

Instructor Manual